



SUPER 6 SPINNING MARATHON

TEAM ENTRY FORM

INSKRYWINGSVORM VIE SPANNE

SAT. 14 SEPTEMBER 08:00 - 14:00 IRENE VILLAGE MALL

R1,200.00 per team | R1,200.00 per span

Extra donations are welcome | Ekstra donasies is welkom

COMPLETE and send to info@beeldkinderfonds.co.za | VOLTOOI en epos na: info@beeldkinderfonds.co.za

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|------------------------------|--|---|--|
| Team Name Spannaam: | | No. of Participants Aantal Deelnemers: <i>(a team is 2 - 6 members)</i> | |
|------------------------------|--|---|--|

Please complete all fields for each team member | Alle velde moet vir elke spanlid voltooi word:

| Name & Surname Naam & Van | ID Number ID-Nommer | Cellphone No. Selfoon Nr | Email Address Eposadres |
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| Name of team coordinator Naam van spankoördineerder: | |
| Cell & Tel No. Sel & Tel Nr: | |
| Email Address Eposadres: | |

| | |
|---|-----------|
| Team Fee Spanfooi: | R1,200.00 |
| Extra Donations/Fundraising Efforts: | R |
| Total Included: | R |

Please pay the Beeld-Kinderfonds | Betaal asseblief die Beeld-Kinderfonds:

ABSA Acc. | Rek.: 2840 157 329 Branch | Tak: 632005 Ref. | Verwysing: Your team name | Jou spannaam

| <u>Rules:</u> | <u>Reels:</u> |
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| <ul style="list-style-type: none"> • A Team has 1 cycle for the day & participates on a relay basis over the 6 hours of the marathon. A team may consist of 2 - 6 members. • There are 6 sessions of 50 minutes each, each starting on the hour. • Participants take part in this marathon at own risk & grant indemnity to the organizers, Virgin Active and other sponsors of the marathon with regards to any action or claim of any kind resulting from their participation in the marathon; • Participants should arrive 30 minutes before his/her session starts & report to the registration table • For safety reasons participants should be at least 1,37m tall; • It is the responsibility of the participant to make sure that he/she is in good health & able to participate in the marathon. • A person younger than 18 years needs the permission of his/her parent or guardian to take part; • Individuals may book any number of single sessions. • Cycle numbers will be allocated & sent via email in the week prior to the event. | <ul style="list-style-type: none"> • 'n Span kry een fiets vir die dag en los mekaar af oor die 6 ure wat die marathon duur. 'n Span het 2 tot 6 lede • Daar is 6 sessies van 50 minute elk, met 'n 10 minute pouse na elke sessie. • Deelnemers neem op eie risiko deel aan die marathon en vrywaar hiermee die borge en organiseerders van enige aksie of eis van watter aard ookal wat mag voortspruit uit sy / haar deelname aan die marathon • Alle deelnemers moet sowat 30 minute voor sy/ haar sessie begin by die Registrasiepunt aanmeld; • Om veiligheidsredes moet deelnemers minstens 1,37m lank wees • Dit is die verantwoordelikheid van elke deelnemer om te verseker dat hy/sy medies geskik en gesond is om aan dié marathon deel te neem • Individue mag enige hoeveelheid sessies bespreek • Fietsnommers sal toegeken en uitgestuur word in die week voor die Spinning marathon |